

### Open 25 Mile Team Time Trial including Tandems and Solos

Sunday, 13<sup>th</sup> June 2021, Start 8.00am

Course H25/8

**START SHEET** 



Event Headquarters						
Bentley Memorial Hall	Please see attached COVID precautions. Come changed ready to ride the event as no changing facilities will be					
2 Hole Lane	provided. Toilet facilities will be available.					
Bentley Hampshire GU10 5NB	Please take careful note of the parking restrictions. Please also note additional parking for four-up team riders at the <b>Jolly Farmer Pub, Blacknest</b> . Allow time to get to the official HQ (Bentley Memorial Hall) to sign on and collect numbers etc.					

Time Keepers	Event Secretary
Jim Brown, Farnham RC	Paul Charman - Mobile 07725 825970
Mike Rice, Farnham RC	Home 01420 475709
Nigel Bicknell Alton CC	E mail charmanpaul@hotmail.com

Category	1 <sup>st</sup>	2 <sup>nd</sup>	
4 Up - Fastest	80	48	
4 Up – Fastest Woman	80	48	
2 Up - Fastest	40	24	
2 Up – Fastest Woman	40	24	
2 Up – Fastest Juniors	30	24	
Solos - Fastest	20	12	
Solos – Fastest Woman	20	12	
Solos – Fastest Junior	20	12	
Tandem – Fastest	N/A		

Awards (Per Team)

Welcome to the Farnham Road Club Team event including Four Ups, Two Ups, Tandems and Solo events. In earlier years the team event has attracted a modest number of teams. This year we are heavily oversubscribed which is good news for Time Trialling generally but a great shame that we have had to return a significant number of entries. It clearly shows that there is an appetite for riding on the H25/8 and we are exploring the possibility of running an extra event in August "middle markers" that will be open to the slowest 120 riders. We will advertise this through our website and the LWDC Facebook Page. I am sorry if you have not been accepted for this event.

### Parking:

It is really important that we park carefully to avoid any nuisance for the local residents of Bentley. There are separate instructions included for parking at Bentley and please take careful note of these. In addition, we have organised additional parking at the **Jolly Farmer Public House in Blacknest GU34 4QD**. To ease the parking pressure in Bentley can the four-up team riders use the Pub car park if at all possible. Once parked you will need to ride the 2 miles to the Bentley Memorial Hall to sign on and collect your number and use the loos etc. It is then a five minute ride to the start so allow plenty of time. There is plenty of parking at the Pub so please use it. To ride from the Pub to the Bentley Memorial Hall. Leave the Pub car park and turn left at the crossroads it is then straight to the Bentley memorial Hall. After the event the four-up riders will return their number and sign out at the Bentley Memorial Hall before returning to your car at the Jolly Farmer. I have assured the publican that we will be gone before his customers arrive for their Sunday lunch so

please don't hang around unless you are treating yourself to a roast. If so, I will leave you to book this direct with the pub.

### **COVID PRECAUTIONS – PLEASE TAKE CAREFUL NOTE**

The following precautions have been introduced to protect yourself and members of Farnham Road Club who are staging this event – please note the following:

- You should not attend or ride the event if you feel ill in any way or if a family member has any symptoms.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- All warm-ups should be done on the road.
- You should not gather together with other competitors in the car park, HQ or at the start.
- You should not leave any personal items with the timekeeper.
- Numbers will be available at the HQ Bentley Memorial Hall where you will sign on. Please maintain social distance whilst waiting to collect your number and sign on and at the start.
- You must not stop at the finish and must not loiter at the HQ / Car Park or the Jolly Farmer Car Park and you should pack away and leave immediately upon completion of the race.
- Please place your number in the number bucket provided.
- No support can be provided if you suffer a mechanical difficulty. It is strongly advised that you carry a spare inner tube / tubular, pump and tyre levers (if required).
- It is strongly advised that you carry a mobile phone and take my number (Paul Charman 07725 825 970) with you. Please telephone me if you fail to finish the event.

### How to get to the start from the Race HQ (Approx 5 minutes riding time):

From Bentley Village hall, turn left along the main road through the village and proceed to join the A31 via slip road. CARE.

Follow the A31 east for quarter of a mile to the junction (minor cross roads). Turn right with GREAT CARE – across the dual carriageway – and retrace along the A31 for approx. 400yds to the lay-by (startpoint);

When you have finished the event turn across the dual carriageway at the next available opening with GREAT CARE and proceed along the A31 past the start point for half a mile to the slip road leading to Bentley;

Turn right at the T junction – proceeding over the A31

### Local Regulations applicable to the use of Bentley Village Hall

No bicycles to be taken into the hall

Shoes with plates or cleats that could damage the floor to be removed before entering the hall PARKING – please see the separate sheet for parking guidelines, and please do NOT obstruct residents' driveways or park in areas identified by the traffic bollards.

Please refrain from warming up on a turbo in the hall car park or outside of a dwelling if parking on the main road.

### For and on behalf of Cycling Time Trials under their rules and regulations

### Course Description:

Start at a point in the lead out onto the A31, from the lay-by on the south side at the start of the Bentley by-pass approximately 800 yards west of The Bull public house on the north side of the A31, 10 yards short of the last road drain at the lay-by exit (western end) Join the A31 (care) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull to the Farnham roundabout at the junction with the A325 (Turn) Circle the roundabout (M4, M5, M6) (Check) and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn) Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull (24.405 miles) to a point 70 yards beyond the county boundary line and 23 yards beyond the start of a tarmac path on the north side where finish.

Marshalls referred to in this course description (M1, M2) etc may be provided solely to indicate the course direction. They have no role whatsoever in the risk assessment itself.

### Important information – please take the time to read carefully

### ATTENTION ALL COMPETITORS

## Please note that all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.

The dual carriageway of the A31 reduces to a single lane at a point approximately four miles from the start point. The right hand lane is cross-hatched for a distance of 400yds to finish at a point opposite the Petrol Filling station just beyond the "Hen and Chickens" PH situated on the North side of the A31. Returning from the Holybourne Roundabout on the North side the road reduces to a single lane by road cross-hatching on the right hand lane commencing 200yds before the junction to Mill Court on the south side and finishing adjacent to the "Hen and Chickens" PH on the North side. Competitors are to act in a manner appropriate to competing on a single lane carriageway whilst within the restrictions imposed by the cross hatched area.

### **DC** regulations

### Restriction of parking at the Start and Finish

LWDC 2: No vehicles, except those of the timekeepers, shall be parked at the start or finish

### Use of Tri-Bars on Coxbridge (Farnham) Roundabout

LWDC4 Riders must negotiate Coxbridge (Farnham) roundabout in a safe and sensible manner in accordance with CTT Reg 20 and the rules of the road. Riders must be able to brake and stop if traffic conditions require this. Riders MUST NOT approach and encircle the roundabout using tri-bars. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

### **Reporting of breaches of local Regulations**

LWDC 5: All breaches of Local Regulations shall be reported in writing to the London West District Secretary

**Local Regulations :** Riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose

### Cycling Time Trials and Farnham Road Club strongly advise the use of a hard shell helmet meeting internationally approved safety standards. You must also use a rear light.

Number Orange	Name		Club	Gender	Category	Start Time
1	Mike	Godfrey	Farnham RC	Male	Senior	08:04:00
2	Alastair	Godfrey	Farnham RC	Male	Veteran	08:04:00
3	Gary	Taylor	Farnham RC	Male	Veteran	08:04:00
4	Roger	Taylor	Farnham RC	Male	Veteran	08:04:00
5	Piers	Barnes	Onyx RT	Male	Veteran	08:08:00
6	Graeme	Smith	Onyx RT	Male	Veteran	08:08:00
7	Jonathan	Smith	Onyx RT	Male	Veteran	08:08:00
8	Tim	Boddy	Onyx RT	Male	Veteran	08:08:00
9	Stefan	Gloyn	Army Cycling	Male	Senior	08:12:00
10	Paul	Quinn	Army Cycling	Male	Senior	08:12:00
11	Jonathan	Hitch	Army Cycling	Male	Senior	08:12:00
12	Mark	Cain	Army Cycling	Male	Veteran	08:12:00
13	Charlotte	Matthews	Onyx RT	Female	Senior	08:16:00
14	Jessica	Prior	Onyx RT	Female	Senior	08:16:00
15	Laura	Leeson	Onyx RT	Female	Senior	08:16:00
16	Tracy	Corbett	Onyx RT	Female	Veteran	08:16:00
17	Jennifer	Allum	TORQ Performance	Female	Senior	08:20:00
18	Melanie	Sneddon	TORQ Performance	Female	Veteran	08:20:00
19	Janet	Birkmyre	TORQ Performance	Female	Veteran	08:20:00
20	Christopher	Davis	Giant CC Halo Films	Male	Veteran	08:20:00
21	Monte	Guerrini	Onyx RT	Male	Senior	08:24:00
22	Richard	Todd Bang-	Onyx RT	Male	Veteran	08:24:00
23	Ole Henrik	Andreasen	Onyx RT	Male	Senior	08:24:00
24	Piers	Curle	Onyx RT	Male	Veteran	08:24:00
25	Mike	Logue	ZeroBC Race Team	Male	Veteran	08:28:00
26	Christopher	Edginton	ZeroBC Race Team	Male	Veteran	08:28:00
27	Neil	Johnson	ZeroBC Race Team	Male	Veteran	08:28:00
28	Ben	Walker	ZeroBC Race Team	Male	Veteran	08:28:00
29	Ben	Leach	Onyx RT	Male	Veteran	08:32:00
30	Simon	Fieldhouse	Onyx RT	Male	Veteran	08:32:00
31	Stephen	Baldwin	Onyx RT	Male	Veteran	08:32:00
32	James	Miller	Onyx RT	Male	Senior	08:32:00
33	Michael	Bogdan	Onyx RT	Male	Veteran	08:36:00
34	Gareth	Collins	Onyx RT	Male	Senior	08:36:00
35	Tom	Miller	Onyx RT	Male	Senior	08:36:00
36	Sam	Barnett	Onyx RT	Male	Veteran	08:36:00
37	Clare	Fox	Tri20 Triathlon Club	Female	Senior	08:40:00
38	Cindy	Goslar	Reading CC	Female	Veteran	08:40:00
39	Benjamin	Du Bernard	Socks4Watts Race Team	Female	Veteran	08:40:00
40	Mireia	Garcia	Tri20 Triathlon Club	Female	Senior	08:40:00
41	Sophie	Curle	Onyx RT	Female	Veteran	08:44:00

42	Clare	Todd	Onyx RT	Female	Veteran	08:44:00
43	Kimberley	Burrows	Onyx RT	Female	Veteran	08:44:00
44	Kathryn	Hughes	Onyx RT	Female	Veteran	08:44:00
45	Spencer	Kirkham	Worthing Excelsior CC	Male	Veteran	08:48:00
46	Trevor	Leeding	Worthing Excelsior CC	Male	Veteran	08:48:00
47	Colin	Toppin	Worthing Excelsior CC	Male	Veteran	08:48:00
48	Nolan	Heather	Worthing Excelsior CC	Male	Veteran	08:48:00
49	James	Muir	Onyx RT	Male	Veteran	08:52:00
50	Alexander	Moody	Onyx RT	Male	Senior	08:52:00
51	Darren	Kidson	Onyx RT	Male	Senior	08:52:00
52	Andy	Haigh	Onyx RT	Male	Senior	08:52:00
53	Robbie	Massey	Viceroys Triathlon Club	Male	Senior	08:56:00
54	Dave	Bell	Cambridge CC	Male	Senior	08:56:00
55	Christopher	Tebb	Vector Cycling Race Team	Male	Senior	08:56:00
56	Matthew	Hnatiw	Hereford & Dist Whs CC	Male	Senior	08:56:00
57	Matthias	Hieber	Onyx RT	Male	Veteran	09:00:00
58	Dara	Ahern	Onyx RT	Male	Senior	09:00:00
59	Andrew	Cocker	Onyx RT	Male	Veteran	09:00:00
60	Scott	Leeson	Onyx RT	Male	Senior	09:00:00

### Two Up

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Number Yellow	Name		Club	Gender	Category	Start Time
1	Jeremy	Laming	Hart Evolution Race Team	Male	Veteran	09:02:00
2	lan	Neville	Hart Evolution Race Team	Male	Veteran	09:02:00
3	Christina	Gustafson	Reading CC	Female	Veteran	09:04:00
4	Anisa	Aubin	Reading CC	Female	Senior	09:04:00
5	Simon	Skinner	Paceline RT	Male	Senior	09:06:00
6	Paul	Burton	Paceline RT	Male	Senior	09:06:00
7	Kate	Voller Browning	Paceline RT	Female	Senior	09:08:00
8	Helen	Ralston	Paceline RT	Female	Senior	09:08:00
9	Rachel	Fort	Reading CC	Female	Senior	09:10:00
10	Hannah	Quay	Reading CC	Female	Veteran	09:10:00
11	Lucy	Mitchell	a3crg	Female	Veteran	09:12:00
12	Тоby	Clay	Petersfield Triathlon Club	Male	Veteran	09:12:00
13	Daniel	Moll-Morgan	Lindfield Coffee Works	Male	Veteran	09:14:00
14	James	Cheeseman	Lindfield Coffee Works	Male	Senior	09:14:00
15	Jay	Hookins	BJ cycling	Male	Senior	09:16:00
16	Billy	Dyer	BJ cycling	Male	Veteran	09:16:00
17	Henry	Farrell	Full Gas Racing Team	Male	Senior	09:18:00
18	Alastair	Luxford	Full Gas Racing Team	Male	Senior	09:18:00
19	Larry	Wiltshire	Chichester City Riders	Male	Veteran	09:20:00
20	James	Smee	Chichester City Riders	Male	Veteran	09:20:00

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21	Duncan	Jensen	Paceline RT	Male	Veteran	09:22:00
22	Adam	Wells	Paceline RT	Male	Senior	09:22:00
23	Paul	Barnett	Hart Evolution Race Team	Male	Veteran	09:24:00
24	lain	Cotton	Alton CC/Owens Cycles	Male	Veteran	09:24:00
25	Ben	Voller	EX Machina	Male	Senior	09:26:00
26	Thomas	Smith	EX Machina	Male	Senior	09:26:00
27	Peter	Clarke	G.S. Henley	Male	Veteran	09:28:00
28	Paul	Clarke	G.S. Henley	Male	Veteran	09:28:00
29	Neil	Harris	Tri20 Triathlon Club	Male	Senior	09:30:00
30	Nick	Lees	Newbury Velo	Male	Veteran	09:30:00
31	Ollie	Hucks	Nopinz Motip Race Team	Male	Senior	09:32:00
32	Sam	Hucks	High Wycombe CC	Male	Espoir	09:32:00
Reserve	Hannah	Quay	Reading CC	Female	Veteran	09:34:00
Reserve	Sophie	Quay-Clark	Palmer Park Velo	Female	Junior	09:34:00
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Tandem

Number						Start
Yellow	Name		Club	Gender	Category	Time
	Peter	Oliver	ZeroBC Race Team	Male	Veteran	09:36:00
36	Paul	Allday	ZeroBC Race Team	Male	Veteran	09:36:00

Women

Solos

### Number

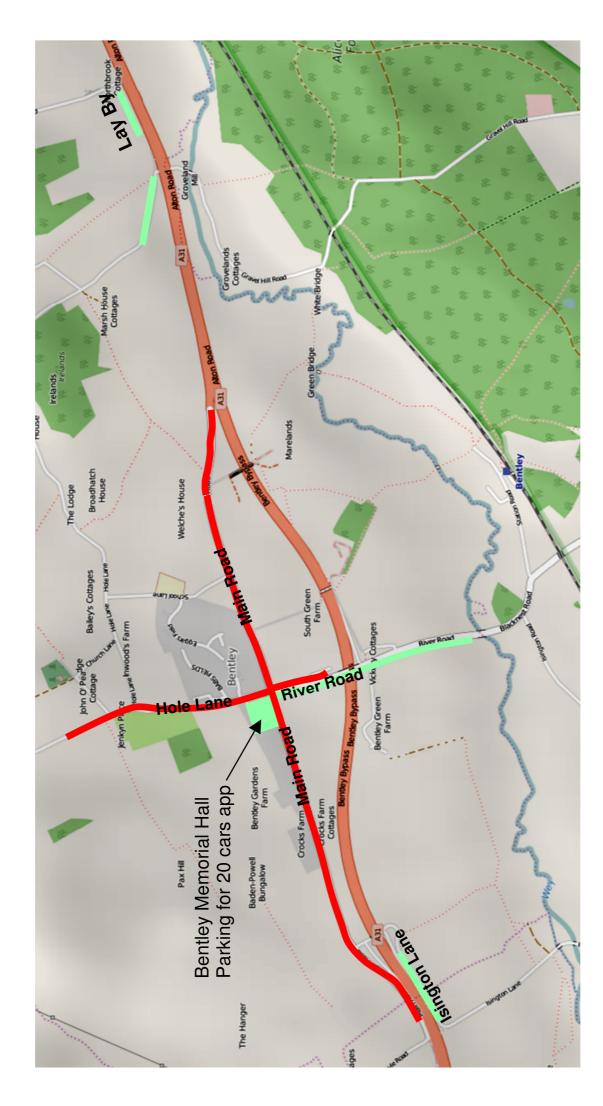
Number Yellow	Name		Club	Gender	Category	Start Time
37	Michelle	Walter	Bournemouth Arrow CC	Female	Veteran	09:37:00
38	Lucy	Davies	Socks4Watts Race Team	Female	Senior	09:38:00
39	Dena	Ford	High Wycombe CC	Female	Veteran	09:39:00
40	Polly	Andrews	London Dynamo	Female	Senior	09:40:00
41	Su-Anne	Bullock Wilkinson-	Icknield RC	Female	Veteran	09:41:00
42	Tracy	Begg	TWB - On Time Race Team Rupelcleaning Champion-	Female	Veteran	09:42:00
43	Gabriella	Homer	Lubricants	Female	Espoir	09:43:00
44	Isabel	Sharp	DRAG2ZERO	Female	Juvenile	09:44:00
45	Katie	Phipkin	Precision Race Team	Female	Senior	09:45:00
46	Judy	Reid	Icknield RC	Female	Veteran	09:46:00
47	Eva	Zsigoova	a3crg	Female	Senior	09:47:00
48	Joanna	Knight	Bristol South Cycling Club	Female	Veteran	09:48:00

Number Yellow	Name		Club	Gender	Category	Start Time
49	Ben	МсКіе	VC de Londres	Male	Senior	09:49:00
50	Liam	Maybank	Twickenham CC	Male	Veteran	09:50:00
51	Ross	Chaplin	Onyx RT	Male	Senior	09:51:00
52	Paul	Smith	VeloRefined Rule 5	Male	Veteran	09:52:00

53	lan	Patterson	Utag RT	Male	Veteran	09:53:00
54	Stuart	Hourigan	34 Nomads CC	Male	Veteran	09:54:00
55	Felix	Wilkinson	Tetbury Velos	Male	Senior	09:55:00
56	Mark	Сох	ZeroBC Race Team	Male	Veteran	09:56:00
57	Paul	Haywood	Epsom CC	Male	Veteran	09:57:00
58	Pjotrs	Suhovs	Paceline RT Velo Club Godalming &	Male	Senior	09:58:00
59	Jon	Hughes	Haslemere	Male	Veteran	09:59:00
60	Pat	Wright	Paceline RT	Male	Senior	10:00:00
61	Kevin	Туе	VeloRefined Rule 5	Male	Veteran	10:01:00
62	Massimiliano	Radi	Team Bottrill	Male	Veteran	10:02:00
63	Mark	Bradley	Bristol South Cycling Club	Male	Veteran	10:03:00
64	James	Cadman	Hounslow & District Whs	Male	Senior	10:04:00
65	Thomas	Day	SEG Racing Academy	Male	Espoir	10:05:00
66	Andy	Critchlow	Norwood Paragon CC	Male	Veteran	10:06:00
67	Martin	O'Sullivan	Teddington and Turing Velo	Male	Veteran	10:07:00
68	Keith	Lea	Paceline RT	Male	Veteran	10:08:00
69	Stephen	Wilkinson	TWB - On Time Race Team	Male	Veteran	10:09:00
70	James	Boyman	Hoops Velo	Male	Senior	10:10:00

### Reserves

Number						Start
Yellow	Name		Club	Gender	Category	Time
100	Keir	Odonnell	VTTA (Surrey/ Sussex)	Male	Veteran	
101	Martin	Jones	Colour Tech RT Velo Club Godalming &	Male	Veteran	
102	Matt	Hill	Haslemere	Male	Veteran	
103	Nicolas	Stagg Jardine-	Hounslow & District Whs	Male	Veteran	
104	Evan	Skinner	Sotonia CC	Male	Veteran	
105	David	French	Weybridge Wheelers	Male	Veteran	
106	Abid	Hussain	Icknield RC	Male	Veteran	
107	Chris	Ford	High Wycombe CC	Male	Veteran	
108	Martin	Millar	Teddington and Turing Velo	Male	Senior	
109	Robert	Durnford	Paceline RT	Male	Senior	
110	David	Wright	Tetbury Velos	Male	Veteran	
111	Eddie	Allen	Redmon CC	Male	Senior	
112	Ray	Sullivan	Metropolitan Police Cycle Club	Male	Veteran	



## Please DO NOT PARK on these roads

on these roads

# LONDON WEST DC Please park considerately

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order NOT PARK on the Eastern side between Main Rd and the new estate not to obstruct footpaths especially on River Road where you should to avoid these escalating we urge all riders to park considerately and